

Calling out to all Sec 1 parents!

Want to learn how to support your child's transition into adolescence & Sec 1?

Want to learn effective ways to manage your child's behaviour?

Want to lay down the foundation for strong parent-child relationship?





In partnership with the school, MWS has been appointed by the Ministry of Social and Family Development (MSF) to offer secular evidence-based parenting programmes.





Triple P (Positive Parenting Program)

What is Triple P?

Currently ranked by the United Nations as the world's #1 parenting programme





A toolbox of tested-and-proven strategies for you to choose from!

Tested with thousands of families for more than 35 years





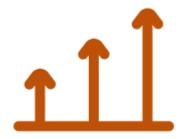
Triple P (Positive Parenting Program)

Impact of Triple P



Decrease in parenting stress

Improvement in child's behaviour





Increased confidence in parenting



Managing the transition to adolescence & Secondary 1

- As children enter puberty & also begin Secondary 1 education, they will undergo changes.
- If parents are unaware & unprepared for this, it can lead to conflicts & tension at home.
- In this 3-part webinar, we will address this & help parents understand the changes and be better prepared!





What Parents Say

"I will try to look at the emotional aspect of my child first rather than just their behavior."

- Parent from Bowen Sec School

"I understand why teenagers behave the way they do because their brains are still developing ."

- Parent from St Gabriel's Sec School

"Manage my emotions before responding.— Parent from Xinmin Sec School

Is it an **excellent webinar**. Hope to have webinars like this to help us parents. Thanks.

-Parent from Sengkang Sec Sch.

More takeaways from Triple P:

- -Help their children cope with their emotions.
- -Manage their children's screentime.
- -Get children to be involved in family decisions and activities, like chores.
- -Learn to be calm when giving instructions & use consequences when child does not comply.
- -Very good. Case studies and comments from parents made me feel I'm not alone in this.

"I would be more mindful that my teenager is still at a developing stage to manage his emotions. Will try to be more mindful and understanding." . – Parent, Hougang Sec School

"I learnt that i need to minimize my punishment and be a consistent role model. I am going to make rules together with my children and listen to their ideas" – Parent from Pei Hwa Sec





You can also benefit from learning parenting strategies that work!



Register for the Triple P Programmes today!

Scan QR code to register now!



FULLY SUBSIDISED