

Sec 1 Camp 2019 Packing List

No	Item	Qty	Remarks
1	PE T-shirt	3	If students do not have 3 sets, they bring Bowen polo tee, primary school PE T-shirt as alternative.
2	Shorts	3	
3	Undergarments	3	
4	Night Clothing	1	
5	Sports/ School shoes	1	Shoes shall be worn during the camp activities
6	Socks	3	
7	Slippers/sandals	1	Sandals recommended
8	Towel	1	
9	Rain Jacket/ Poncho	1	For Labrador Park Orienteering
10	Sunglass	Optional	For Labrador Park Orienteering
11	Water Bottle	1 or 2	For Labrador Park Orienteering To contain a minimum of 1.5Litres
12	Tooth Brush & Toothpaste	1	
13	Soap & Shampoo	1	
14	Comb	1	
15	Toilet paper	As needed	
16	Shaver	As needed	
17	Sun Block Lotion	1	
18	Mosquito/Insect Repellent	1	Non-scented. Avoid aerosol spray
19	Sleeping bag	1	
20	Thermometer	Optional	
21	Writing Materials i.e. Stationaries	As needed	
22	Torchlight	1	
23	Plastic bags	As needed	For soiled clothing
24	Day pack	1	Separate bag to contain items such as water bottle, poncho, writing materials, medication, mainly for Labrador Park orienteering.
25	Medication	As needed	IMPORTANT. As instructed by doctor
26	Ziplock bag	1	IMPORTANT. Label with name and class. Will be used to keep valuables such as wallet and handphone (Students are strongly encouraged not to bring handphone and minimal amount of cash for the camp .)

Specific items for each student to bring based on class by **Tue 8 Jan** for in preparation for the camp

Item to bring per student	Class
2 bottles half filled with rice/beans	1E1 1A1
1 plate and spoon (Cannot be disposable/ plastic)	1E2 1A2
2 Spoons (cannot be disposable/ plastic; preferably metal)	1E3 1T1
1 pair of chopsticks (cannot be disposable/plastic)	1E4 1T2