

# TRANSITION TO SECONDARY SCHOOL

## Positive Parenting Programme (Triple P)

-FULLY SUBSIDISED BY MSF-



### Seminar Details

#### Saturday (via zoom)

##### Seminar 1 & 2

11 January 2025, 2.00pm - 4.30pm

##### Seminar 3

18 January 2025, 2.00pm - 4.00pm



Click on the link below or scan the  
QRcode to book your spot!



<https://www.booking.gov.sg/public/services/ZrlGk7l4/events/d6RmBVxQ?>

### Seminar 1: Raising Responsible Teenagers

- Taking part in family decision-making
- Being respectful and considerate
- Getting involved in family activities
- Developing a healthy lifestyle
- Being reliable and assertive



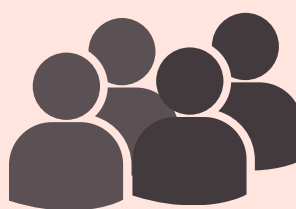
### Seminar 2: Raising Competent Teenagers

- Developing self-discipline
- Establishing good routines
- Getting involved in school activities
- Being a good problem solver
- Following school rules
- Having supportive friends



### Seminar 3: Getting Teenagers Connected

- Being confident and socially skilled
- Planning ahead
- Meeting commitments
- Keeping in contact
- Taking care of others



Presented by:



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